

TCHS PHYSICAL EDUCATION CONTRACT

At Trinity Christian HS, 11th grade students must elect Contractual PE in order to fulfill the physical education requirement. If a student chooses Contractual PE, he or she will leave campus at 1:30 p.m. on Tuesdays and Thursdays unless they are enrolled in Spanish 3 or 4 or Vocal Jazz Club.

In order to fulfill the Contractual PE requirements and receive full credit, students must participate in a regular physical activity at least two days per week – each week the student must spend at least 3 hours performing some type of physical/athletic activity. This activity must be supervised by a designated 3rd party (no parents) instructor/observer who must verify the level of participation.

Some examples of acceptable activities that would fulfill the Contractual PE requirements would be:

TCHS Athletic Sports Teams

Dance

Martial Arts

Horsemanship

Club sports

This is by no means an exhaustive list. Please check with Mr. Fitzgerald at rfitzgerald@trinityhigh.org if you are not certain if a particular activity meets the Contractual PE criteria.

DEADLINE DATES:

First and Second Quarters: Verification Form must be completed and turned in to Mr. Fitz no later than **Friday December 8, 2017**

Third and Fourth Quarters: Verification Form must be completed and turned in to Mr. Fitz no later than **Friday May 18, 2018**



TRINITY CHRISTIAN HIGH SCHOOL
601 E. Franklin St.
Monterey, CA 93940
(831) 656-9434

TCHS PHYSICAL EDUCATION CONTRACT – Verification Form

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First and Second Quarters: Verification Form must be completed and turned in to Mr. Fitz no later than **Friday December 8, 2017**

Third and Fourth Quarters: Verification Form must be completed and turned in to Mr. Fitz no later than **Friday May 18, 2018**

Student Name: _____ Graduation Year: _____

Name of Course/Activity:

Institution or Facility where activity will be held:

Please write a brief description of the times, days, and activities being performed:

This contract covers:

___ Quarter #1 ___ Quarter #2 ___ Quarter #3 ___ Quarter #4

Activity Supervisor Name (please print)

Contact Phn #

Activity Supervisor Contact Email: _____

I certify that the aforementioned student has participated in this activity to the best of her/his ability and with the frequency and duration stated above.

Signature of Activity Supervisor

Date

(For Office Use)

Received on (Date): _____

Approved by TCHS PE Director: _____

TCHS PHYSICAL EDUCATION CONTRACT

For Freshmen and Sophomores

At Trinity Christian HS, 9th and 10th grade students who are enrolled in Vocal Jazz must elect Contractual PE in order to fulfill the physical education requirement.

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